

Weekly Lenten Prayers for a Just World



The Dominican Sisters ~ Grand Rapids invite you to join us in a weekly rhythm of prayer and fasting during Lent. Each week, we will focus on a particular issue—offering our prayers and sacrifices for healing, peace, and justice. As we journey through this season, these practices help us reflect, grow, and deepen our commitment to living discipleship in the mission of Christ.

Week of Ash Wednesday: Feb 18–21

Fast and pray for an end to violence — especially gun violence, the threat of nuclear armament, and the harm of microaggressions — and for a new way of seeking peace.

First week of Lent: Feb 22–28

Fast and pray for the humane and dignified treatment of immigrants and refugees.

Second week of Lent: March 1–7

Fast and pray for racial justice, healing, and reconciliation in our communities.

Third week of Lent: March 8–13

Fast and pray for generosity to eliminate food scarcity.

Fourth week of Lent: March 15–21

Fast and pray for fair and affordable housing.

Fifth week of Lent: March 22–28

Fast and pray for care of our common home, climate justice, and land justice for future generations.

Holy Week: March 29–April 4

Fast and pray for peace, mercy, and the courage to love as Christ loves.



~ Original Cross ~
1883
Our first Motherhouse

+ + +

Call us at 616-514-3365 or visit our website at grdominicans.org for chapel calendar schedule, ministries, scripture readings of the day, Liturgy of the Hours, and much more.

About Us

The Dominican Sisters ~ Grand Rapids are a community of vowed women religious and Associates who follow the Catholic traditions of St. Dominic and St. Catherine of Siena. Since 1877, we have been leading efforts to educate children and adults, care for people who are sick, and advocate for vulnerable populations. We have established and staffed schools, a college, and missions in Michigan, New Mexico, and Peru. Today we are teachers, caregivers, spiritual companions, advocates for peace and justice, artists, musicians, authors, and poets. Together we praise, bless, and preach God's love through all we do. Visit grdominicans.org to learn more about Dominican Sisters ~ Grand Rapids.



Dominican Sisters
Grand Rapids, Michigan

Emboldened by faith, serving with joy



Lent & Easter 2026

*From Ashes
to the
Living Font*

WELCOME

The Dominican Sisters invite you to pray with us this Lent and Easter Season at Marywood Chapel of the Word.



Dominican Sisters
Grand Rapids, Michigan

Lenten Liturgies

Ash Wednesday | February 18 Marywood Chapel
9:30 am Mass & Distribution of Ashes
***Ashes will be available in the Marywood Chapel until 4 pm*

Lent Weekday Liturgies
Wednesdays 9:30 am Mass
Fridays 9:30 am Mass
Aquinata Chapel

Stations of the Cross
Fridays 1:00 pm
Aquinata Chapel

Lent Weekend Liturgies

- **First Sunday of Lent**
Sat, Feb 21, 4 pm **Aquinata Chapel**
Sun, Feb 22, 10 am **Marywood Chapel**
- **Second Sunday of Lent**
Sat, Feb 21, 4 pm **Aquinata Chapel**
Sun, Feb 22, 10 am **Marywood Chapel**
- **Third Sunday of Lent**
Sat, Feb 21, 4 pm **Aquinata Chapel**
Sun, Feb 22, 10 am **Marywood Chapel**
- **Fourth Sunday of Lent**
Sat, Feb 21, 4 pm **Aquinata Chapel**
Sun, Feb 22, 10 am **Marywood Chapel**
- **Fifth Sunday of Lent**
Sat, Feb 21, 4 pm **Aquinata Chapel**
Sun, Feb 22, 10 am **Marywood Chapel**
- **Palm Sunday**
Sat, Feb 21, 4 pm **Aquinata Chapel**
Sun, Feb 22, 10 am **Marywood Chapel**

Communal Reconciliation Service
March 15 | 3:00 pm | Marywood Chapel

Triduum

Holy Thursday | April 2 Marywood Chapel
7:00 pm Liturgy of the Lord's Supper
Washing of the Feet
Adoration

Good Friday | April 3 Marywood Chapel
3:00 pm Celebration of the Lord's Passion

Easter Vigil | April 4 Marywood Chapel
7:00 pm Easter Vigil
Liturgy of the Light
Liturgy of the Word
Liturgy of Baptism
Liturgy of Eucharist

Easter Sunday | April 5 Aquinata Chapel
10:00 am Eucharist

Lent is a time... of grace, renewal, and conversion.

Prayer

- **Stations of the Cross** **Aquinata Chapel**
Fridays | 1:00 pm
- **Contemplative Holy Hour** **Marywood Chapel**
Wednesday, February 25 | 7:00 pm
Wednesday, March 25 | 7:00 pm

Fasting

Catholics in the United States abstain from meat on Ash Wednesday and on all the Fridays of Lent. In addition, we fast on Ash Wednesday and Good Friday.

Almsgiving

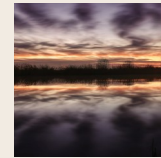
As we reflect on and practice giving, we will take up three collections during the Holy Triduum:

- **Holy Thursday Mass of the Lord's Supper**
– for ACCESS
- **Good Friday Service** – for Dominicans of Cameroon
- **Easter Vigil** – for CRS Rice Bowl

Dominican Center Lenten Offerings



To register for programs visit
dominicancenter.com or call **616-514-3325**.

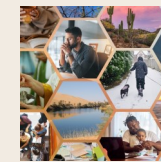


Lengthen the Light

Thursday, Feb 26

6:30—8:30 pm

Using image and poetry, engage in the ancient practices of visio and lectio divina as we pay attention to the Light of Christ, noticing how Scripture, poetry, and visual art invite us to sacred awe.



Busy Person's Lenten Retreat: Rooted in the Holy

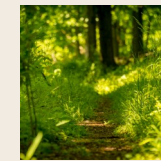
Thursdays: March 5, 12, 19

6:30—8:00 pm

"Come away for a while"

(Mk 6:31) – away from the busy

and join Jesus in the desert where he roots into his relationship with the Father.



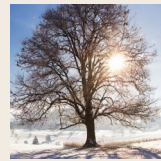
Write Your Heart Out:

A Gentle Path to Forgiveness

Wednesdays: March 18, 25

6:30—8:30 pm

When we set our hearts on forgiveness, it clears a path back to love. In the safety and quiet of this writing circle, contemplate how forgiveness may free you.

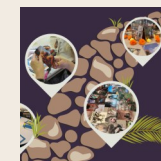


Journey into Silence Retreat

Thursday, March 26 –

Sunday, March 29

Join us for a directed retreat and spend the days in silence and communion with God.



SoulCollage®: Visualizing Your Parade Route for Hope

Saturday, March 28

10:00 am—12:30 pm

Palm Sunday finds us leaning toward liberation. We line the parade route of hope, and lay our cloaks down so hope can enter. SoulCollage® will give us a creative way to visualize our intentions as well as our barriers.