



*God of heaven and earth, may the faith
you have given us in Christ Jesus,
and the flame of charity enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed hope for
the coming of your Kingdom.
Amen.*

POPE FRANCIS writes that hope is a gift from God and a task that must be cultivated by all Christians. The Jubilee of 2025, a holy year that I wanted to dedicate to the theme "Pilgrims of Hope" is a propitious occasion to reflect on this fundamental and decisive Christian virtue – especially in times like the ones we are living, in which the third world war being fought "piecemeal" that is unfolding before our eyes can lead us to assume attitudes of gloomy discouragement and ill-concealed cynicism. We invite you to make a simple but concrete gesture: in the evening, before going to bed, as you're thinking over the events you have lived through and the encounters you have had, go in search of a sign of hope in the day just gone by. Be beacons of hope for the future for those around us. We invite you to engage in a practice of HOPE during Lent: write how you are finding hope throughout this season; share that treasure with at least one person every day. Let us train ourselves to recognize hope. We will then be able to marvel at how much good exists in the world.



~ Original Cross ~
1883
Our first Motherhouse

+ + +

Call us at 616-514-3365 or visit our website at
grdominicans.org for chapel calendar
schedule, ministries, scripture readings of the day,
Liturgy of the Hours, and much more.

About Us

The Dominican Sisters ~ Grand Rapids are a community of vowed women religious and Associates who follow the Catholic traditions of St. Dominic and St. Catherine of Siena. Since 1877, we have been leading efforts to educate children and adults, care for people who are sick, and advocate for vulnerable populations. We have established and staffed schools, a college, and missions in Michigan, New Mexico, and Peru. Today we are teachers, caregivers, spiritual companions, advocates for peace and justice, artists, musicians, authors, and poets. Together we praise, bless, and preach God's love through all we do. Visit grdominicans.org to learn more about Dominican Sisters ~ Grand Rapids.



Dominican Sisters
Grand Rapids, Michigan

Emboldened by faith, serving with joy



Lent & Easter 2025

*From Ashes
to the
Living Font*

WELCOME

The Dominican Sisters invite you to pray with us this Lent and Easter Season at Chapel of the Word/Marywood.



Dominican Sisters
Grand Rapids, Michigan

Lenten Liturgies

Ash Wednesday | March 5 **Marywood Chapel**
10:00 am Mass & Distribution of Ashes

Lent Weekday Liturgies **Aquinata Chapel**
Wednesdays 9:30 am Mass
Fridays 9:30 am Morning Prayer
9:45 am Mass

Stations of the Cross **Aquinata Chapel**
Fridays 1:00 pm

Lent Sunday Liturgies **Marywood Chapel**
9:30 am Morning Prayer
10:00 am Mass

- **March 9** First Sunday of Lent
- **March 16** Second Sunday of Lent
- **March 23** Third Sunday of Lent
- **March 30** Fourth Sunday of Lent
- **April 6** Fifth Sunday of Lent
- **April 13** Palm Sunday

Communal Reconciliation Service
March 16 | 3:00 pm | Marywood Chapel

Triduum

Holy Thursday | April 17 **Marywood Chapel**
7:00 pm Liturgy of the Lord's Supper
Washing of the Feet
Adoration

Good Friday | April 18 **Marywood Chapel**
3:00 pm Celebration of the Lord's Passion

Easter Vigil | April 19
7:00 pm Easter Vigil **Marywood Chapel**
Liturgy of the Light
Liturgy of the Word
Liturgy of Baptism
Liturgy of Eucharist

Easter Sunday | April 20 **Aquinata Chapel**
10:00 am Eucharist

Lent is a time...
of grace, renewal, and conversion.

Prayer

- **Stations of the Cross** **Aquinata Chapel**
Fridays | 1:00 pm
- **Contemplative Holy Hour** **Marywood Chapel**
Wednesday, March 26 | 7:00 pm

Fasting

Catholics in the United States abstain from meat on Ash Wednesday and on all the Fridays of Lent. In addition, we fast on Ash Wednesday and Good Friday.

Almsgiving

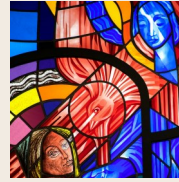
As we reflect on and practice giving, we will take up three collections during the Holy Triduum:

- **Holy Thursday Mass of the Lord's Supper**
– for ACCESS
- **Good Friday Service** – for Dominicans of Haiti
- **Easter Vigil** – for CRS Rice Bowl

Dominican Center Lenten Offerings



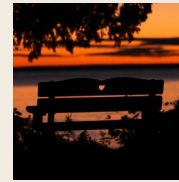
To register for programs visit
dominicancenter.com or call 616-514-3325.



Letting Images Deepen Our Lent Sunday, March 16

2:00—4:00 pm • \$45
with Kimberley Mulder

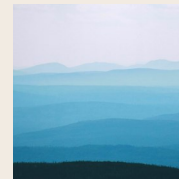
God has always been using the visual world to commune with us. The natural world mediates the Spirit of God to us, and visual art can reach us where words fall short. It is one of the great gifts of art to assist us in knowing the depths of ourselves and discover the Divine there. In this retreat we will interact with God through images in a number of ways, letting their content, color, motion and lighting speak to our souls.



Compassionate Goodbyes: A Lenten Loss Program

Thursday, April 3
6:30—8:00 pm • \$35
with Amy Sytsma and Kristen

Jesus embodies for us the pattern of life, death, and resurrection. Like Jesus, we are constantly saying hello and goodbye in our lives. During Lent, we join Jesus as he approaches death and so we can also have Jesus with us as we face our losses and death. This program is an opportunity to focus on the variety of the painful goodbyes we experience.



The Holy Landscape of Lent Through Poetry

Sunday, April 6
2:00—4:00 pm • \$40
with Esther Yff-Prins

Enter the holy landscape Lent offers us in the words of various poets, and discover the depths this sacred season offers. Allow poetry to open your heart to the presence of the Holy and meet the One who inhabits every layer of our lives. Let the beauty of words nourish and restore your soul as we spend some Sabbath hours together.